

# MOVE ON TO 'INNER' NET

**Sadhguru Jaggi Vasudev** updates *Hyderabad Times* on technology that helps one connect with the inner self

**KARTHIK P**  
Times News Network

**S**adhguru Jaggi Vasudev is the most unusual mystic one can encounter. The guru who was a delegate to the United Nations Millennium World Peace Summit and a participant at the World Economic Forum in 2006 as well as 2007, is well travelled, unorthodox and is in step with the times. To put it in his own words he deals with, "technology that helps you connect with your inner spiritual self." Though clad in traditional garb, he is equally comfortable in jeans, sports a snazzy mobile, rides a BMW motorcycle and is into skydiving, rafting and hang-gliding. Tune into the yogi, who with his sense of humour, mocks tradition and appeals to reason.

**On his philosophy:** I am not teaching any philosophy nor do I have any social or religious goal. I am essentially imparting what life has taught me. I know 'this piece of life' absolutely from its origin to its end and that's what I try to impart to people. In fact, I am more like a mechanic who knows how to fix life.



**‘I am more like a mechanic who knows how to fix life’**

**On leadership:** There are two kinds of leaders. One walks ahead of his followers and therefore has to constantly set an example for them to emulate. The other walks behind them. I am of the second kind. When you are leading people to a dimension they have not known, you have to walk behind them. Also if I walk ahead, it is obvious that people cannot do what I can. For my followers I am an enigma and they cannot emulate me.

**Spirituality vs Religion:** Religion and spirituality are two entirely different concepts. A religious person is someone who blindly believes in something he does not know for sure and is not different from an atheist whose belief is a reaction to the widely held belief. On the contrary, a spiritual person is a seeker who admits he does not have answers to all the questions and sets out to find answers for them in earnest. India is an example of the failure of religion. We have more gods than anywhere else in the world and yet the most wretched politics are played in the name of religion. Will this invite a *fatwa*?

**On his modern outlook:** I speak today's language. It's not a calculated strategy. I have grown up speaking English and being influenced by Beatles and Western philosophy.

**On spirituality:** We think spirituality can be learnt from books. Spirituality needs to happen within you and cannot be borrowed from a book. We are essentially spiritual beings dabbling with the material world. But we have understood it the other way round. So, in our experience, the physical is all that we are conscious of. People are engaged in desperate compulsive action to prove their spirituality, but what we need to understand is that spirituality is just a deeper dimension of a person.