

## ISHA yoga programmes in 1000 more villages

**EXPRESS NEWS SERVICE**

**Coimbatore, Jan 1:** As part of its Action for Rural Rejuvenation (ARR), the ISHA foundation on Saturday announced the launch of yoga programmes in 1000 more panchayat villages and ISHA matriculation shools in 206 taluks in the state.

Other initiatives on ARR 2006 include establishment of 10,000 herbal gardens along with planting of over 10 lakh trees as a part of the 'project green hands' to replenish natural riches in rural areas.

In order to carry the service to a wider audience, the foundation has expanded the ARR to other states like Karnataka, where the rejuvenation programme was launched recently. Besides Karnataka, ISHA plans to extend its support to even people living in Rajasthan.