

Creation is Just a Brief Happening in the Darkness of Existence

BY SADHGURU

Light is a temporary happening; it is a burning up of something. Whether it is a lamp or a bulb or the biggest source of light that we know - the Sun, all of them are burning up. An electric bulb may last a few hundred hours while the Sun a few billions of years, but burn up they will. When everything burns up, only darkness remains. You celebrate light because of the way your sense organs are oriented. Once the sun sets and darkness creeps in nocturnal life roar through the night. If your eyes and your visual perception were like that of the nocturnal creatures you wouldn't be thinking Divine Light, you would be thinking Divine Darkness instead. So your prejudice with light is simply because of the way your survival mechanism has been created. Light is very limited. Whether it's an electric bulb or sunlight - the very source of life on this planet - I can stop the flow of light and leave a shadow of darkness with just the face of my palm. With darkness what can you do?

Entire existence is just pure

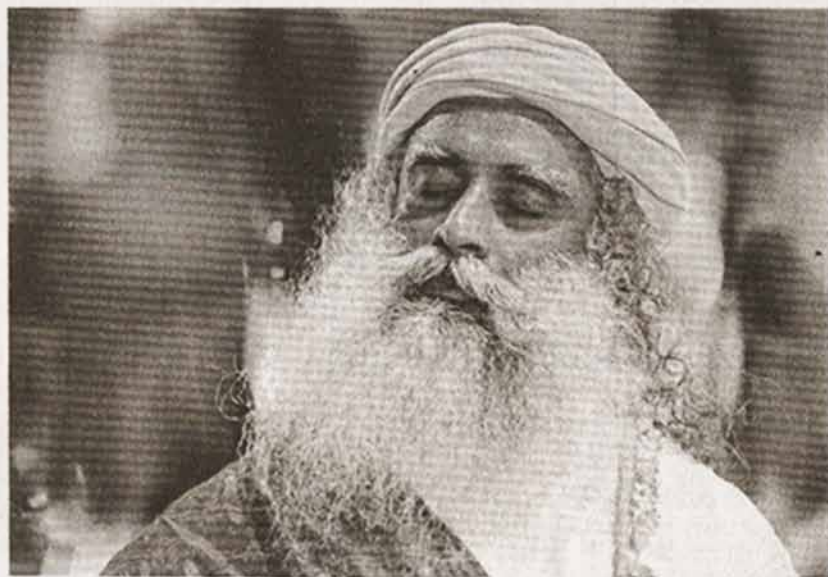
darkness. If you look up at the sky in the day the Sun is so dominating that you don't see things the way they are. In the night if you look up you will notice a lot of stars. But the stars are small specks.

The vast expanse of the sky is pure darkness, but you don't see that. In the lap of a boundless expanse of darkness light is negligible, but you identify yourself with it and not the vastness of darkness. You are tiny existence so you identify with other forms of existence, but the non-existence of darkness is the largest part of this existence.

Always, in every religion, they have told you God is everywhere. If what you call as God has to make sense. He or she or it - whatever you call it - has to be everywhere. The only thing in existence that is everywhere is pure darkness.

That's why we said Shiva is the Dark One. Only he can be everywhere. The word 'Shiva' literally means 'that which is not' or 'emptiness.'

The vast expanse of the existence is emptiness and emptiness means darkness. 'That which is,' is creation, and creation is a small happening. The non-creation is the biggest expanse.



It is in the lap of nothingness that something-ness happens; it happens and it disappears. Whole galaxies just collapse into themselves and become nothing.

That is why we say everything comes from Shiva and goes back to him. Even the other gods and goddesses all come from him and go back to

him. This is just quantum physics expressed in a beautiful story because everything comes from nothingness and goes back to nothingness. That's the reality of existence.

(Next Inner Engineering Program: December 8 at Vasco, January 12 at Panaji and Margao Contact: 982 2100305, goa.ishafoundation.org)