

# Help students improve efficiency, teachers told

Staff Reporter

**COIMBATORE:** Corporation Mayor R. Venkatachalam on Monday asked teachers who underwent yoga training programme to use the same to mould the students into better citizens.

He was speaking at the valediction of the two-week training programme for corporation school teachers conducted at Sidhapudur, Ramakrishnapuram and R.S. Puram SRP Ammani Ammal School from November 9 to 21.

## Benefits

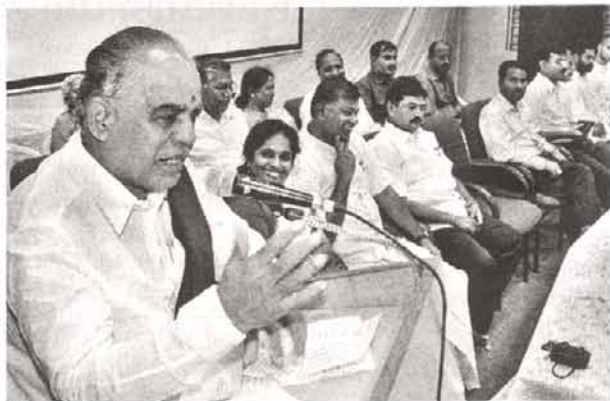
The nearly 12-day training programme had brought immense benefits to teachers by in terms of rejuvenating them and to renew the energy levels and balanced emotions of the teachers.

Yoga would relieve teachers of stress, keep them fresh and energetic.

This should reflect in their academic work and efficiency levels so that corporation school students do better in their academics.

Corporation Commissioner Anshul Mishra wanted a departure from conventional education and pre set procedures.

Classroom atmosphere



**REJUVENATION EFFORT:** Mayor R. Venkatachalam speaking at the valediction of yoga and meditation programme for teachers of Corporation schools in Coimbatore on Monday. — PHOTO: K. ANANTHAN

should not be merely making the students by heart the syllabus and repeat the same at examinations and get promoted. Corporation schools get only poor students unlike private schools having affluent students.

Lack of affordability should not deter a student from getting a quality education.

Deputy Mayor N. Karthik said that yoga helped teachers regain and renew their self confidence, shape up their responsibility which would go a long way in imparting quality education to students at cor-

poration schools. Education Committee Chairman R. Kalyanasundaram said that the objective behind imparting yoga was to ensure quality life for teachers and quality education to students.

## Pass percentage

He reminded the teachers that the benefits of the yoga programme should be reflected in the pass percentage of the Corporation Schools in the coming academic year.

Chief Executive of Isha Yoga J.M. Balamurugan also spoke.