

Yoga Meditation Center Opens in Tennessee

By a Staff Reporter

A 39,000-square-foot meditation center opened its doors recently amidst 1,200 acres of forest in the Cumberland Plateau of Tennessee and was consecrated in a three-day event beginning Nov. 8 that drew more than 600 participants.

The new center, Mahima, was consecrated by Sadhguru Vasudev, founder of Isha Foundation and the Isha Institute of Inner Sciences.

Mahima, which took two months and more than \$2 million to complete, will be a resource for yoga and one of the largest meditation centers in the Western hemisphere, according to a release.

Vasudev enshrined Mahima in a process known as “prana prathista.”

During the ceremony, handouts in Vasudev’s handwriting and



The Mahima meditation center opened in the Cumberland Plateau of Tennessee.

participants chanted mantras from them.

“Seeing Sadhguru the mystic so physically and energetically involved in the alchemy of consecration was unforgettable,” said one participant.

“Mahima will not be a place of prayer, but a space with a vortex of energy where people can transform their lives to achieve

freedom and a new dimension of perception,” said Vasudev. “Of all human pursuits, striving to transform oneself into a higher possibility is considered the most sacred.”

“The basic purpose of the Isha Institute of Inner Sciences is to inspire, to stoke and to nurture this innate search in every being,” he added.