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Yoga

• **Role of faith in liberation**

Faith is not something that you can cultivate. If it happens to you, it happens, if it doesn't happen to you it doesn't happen, that's all. Does it mean to say 'I have to just sit and wait and someday it will fall upon me'? No, it is just that if you understand the fundamentals of living here, in this existence you will see, for anything to happen, you must create the right kind of situation.



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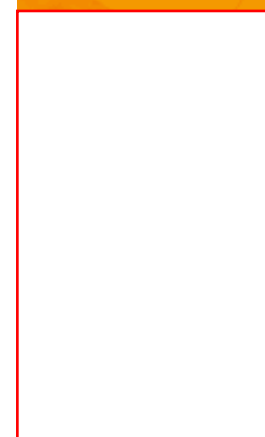
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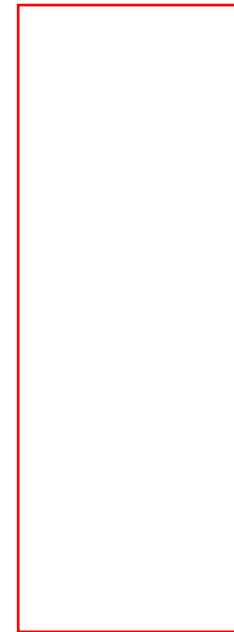
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You want to grow cotton, you must understand what are the right conditions for growing cotton. If you go sit there near a cotton plant and pray to God, cotton will not bloom! If you just learn what are the right conditions for the cotton plant to grow, how the soil should be, how the manure should be, how the atmosphere should be, how the water should be, if you understand these conditions and create them, cotton will grow.

This is the basis of everything that is happening in the Existence - if you create the right kind of conditions, it will happen. If you do not create the right kind of conditions, it doesn't matter how much you struggle, it's not going to happen. So, if faith has to happen, for that also you must create the right kind of condition. What is the condition necessary for faith? Jesus said, "Come, follow me". That's his teaching, if you really look at it, all the other things don't matter. The most fundamental of his teaching is: "Come, follow me", that's all. When he said this, the great scholars of that time, the intellectual, the educated, the powerful, did not follow him. It's only the fishermen, and the farmers who followed him, because the thinking minds cannot follow anybody. They cannot, it's not possible. Only the simple and innocent could follow him. Even these fishermen, these simple folks, even they walked a few steps behind him and then, they said "My father is dead, I'll bury him and come".

Jesus sounds so arrogant. For people who don't understand, he is very arrogant. He said, "Leave the dead to the dead, you come." Your father is dead, this man speaks like this. When your father is dead, what a thing to say! But, that's what he said. So, only the very simple and innocent followed him. Others ignored him. Those who could not ignore him, crucified him. That's all that happened.

Faith is only for the innocent. Don't believe that you are innocent. The moment the modern education has entered you, you have a thinking mind, a questioning mind, a doubting mind. With this you cannot follow the path of faith. Does it mean to say faith is impossible for you? No, but don't start with something that you don't have, start with something that you have right now.

Whatever is dominant in you – right now you're a thinking person, let's use that; right now you're a very physical person, let's use that; right now you have a very strong sense of energy, let's use that; let's say right now you have lots of emotions in you, let's use that, but all the four need to be cultivated. If you come to a certain level of experience, then devotion becomes a natural part of you. If you try to be devoted you will become deceptive; this devotion is just deception.

Faith is something which is within you. It's your quality, it is something that you become, it is not something that you believe in. Faith is just a deep falling back into the Existence; you as a person have fallen apart; you have just become like a simple little wave with the Existence.

You understand and you experience that you're just a brief happening here. This moment it's up, the next moment it'll be down. It is not an intellectual understanding, it's a living experience that you just see yourself as a small outcrop of this earth. When you're like this as a living experience, then you are faith, until then there is no point talking about faith.

The faithfulness that you're talking about is simply loyalty. That's for slaves and idiots. People who talk loyalty are always people whose vested interest is how to hold you. It's a device to hold you. Faith is not a device to hold you, faith is about liberating you. Faith is not about belonging to this group or that group. Faith is just to become a part of this Existence. That is not something that you do, that is something that you become.

Sadhguru Jaggi Vasudev

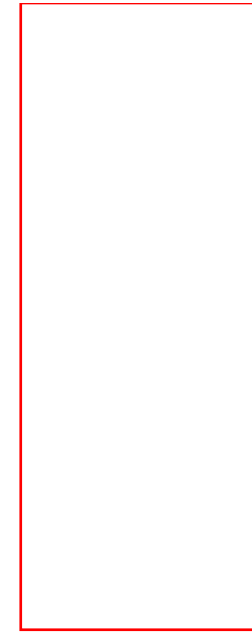
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Sadhguru Jaggi Vasudev is a realised master, Yogi and a profound mystic of our times. Sadhguru developed Isha Yoga - Yoga of the Divine, a scientifically structured programme, as the vehicle to transmit a deep experience of the Self that changed his life completely about two decades ago.

Belonging to no particular tradition, Sadhguru incorporates what is most valid for the modern seeker. Isha Yoga flourishes today as a spiritual science for hundreds of thousands of initiates around the world.

An accomplished poet and an author of several books, his latest book - [Mystic's Musings](#) - is one of the most candid unveiling of the mystical dimensions of life.

Isha Foundation, founded by the Sadhguru, also administers the Dhyanalinga multi-religious temple and meditation shrine, an ashram, and a yogic hospital at the Isha Yoga Centre, located on 50 acres at the foothills of the Velliangiri Mountains, 30 km from Coimbatore.

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